

# ST. GEORGE NEWSLETTER

March 2023

## Town Tech Tip

Passwords are a pain to everyone. Here are some tips in dealing with these necessary pests:

- 1) Do not share your passwords! Google will not ask you for your password. Microsoft will not call you and ask for it. The Facebook message from your sister-in-law asking for help and asking you to share your password with her is most probably a scammer. Do not give it out!
- 2) *Ideally*, you should not write your passwords in a book. Many of us resort to this, and it's understandable. A book of passwords, however, can be lost or stolen. Better is to choose a password you can remember. Remembering passwords is also good for your brain!
- 3) Use a memory aid to help remember passwords. How do you remember the password to your Fleet bank account? Fleet, like fast--fleet of foot. Mercury was the Roman messenger god with the winged helmet. Mercury Falling was a record by Sting I like. I could use "MercuryFalling" for my Fleet bank password. Or maybe "fleet" makes you think of a fleet of boats. Your uncle was a lobsterman, and his boat was named "Monica B." So maybe "TheMonicaB" is a password you can remember.
- 4) Adding special characters adds security to passwords. Consider adding an exclamation point (or other character) to your password. "MercuryFalling!" could now my Fleet bank password. Or "TheMonicaB." (See, I added a period to my password.)
- 5) Don't use the same password for multiple sites. That way, should something happen and one of your passwords is divulged, it is only one website/account that a hacker/thief could get into. If you use the same password everywhere, and you fall for a scammer, now the scammer can get into ALL of your accounts.

Perhaps a longer article on computer/online security will be forthcoming. Would it be of interest to you? Let [b.batty@stgeorgemaine.com](mailto:b.batty@stgeorgemaine.com) know. Or, let us know of other tech questions you might have.

## TOWN CALENDAR

Town website: [www.stgeorgemaine.com](http://www.stgeorgemaine.com)

School website: [www.stgeorgemsu.org](http://www.stgeorgemsu.org)

### March 2023

**Mar 2** Conservation Commission 4 PM  
**Mar 6** P&R Meeting 6 PM  
**Mar 13** Select Board 7 PM  
**Mar 14** Senior Luncheon – Delivered 11-1  
Planning Board 7 PM  
**Mar 17-19** Mussel Ridge Hoops Tournament  
**Mar 27** Select Board 7 PM  
**Mar 28** Planning Board 7 PM

The St. George Fire Department meets every Wednesday at 7:00 pm at the Tenants Harbor Fire Station.

## Parks & Recreation News

### NEXT SENIOR LUNCHEON

**Mar 14– Home Delivery in St. George**  
**11 AM – 1 PM** If you have had a home delivery in the past, we will call to see if you would like a lunch. If you would like to be added to the delivery list, please call the Town Office at 372-6363 and leave your name, address and phone number.

**Future Luncheons:** In person luncheons resume April 11.

### Winter-Spring Recreation News

**Mussel Ridge is back! Come out Mar 17-19 to the St. George School to cheer on the young ballplayers and grab some great food at our concession stand! All courtesy of the St. George Rec Boosters and our generous community supporters!**

**A reminder that if you have not registered your child for Little League, Farm League or T-ball, registration is open on the Town website. Look for youth sports registration on the P&R page.**

**P&R News:** to get regular recreation news, sign up for our email list on the town website

## TOWN INFORMATION

**Town Office:** 372-6363 **Fax:** 372-8954

**Hours:** Monday-Friday 8 am-4 pm

**Transfer Station:** 372-6451

**Hours:** Tue through Sat 8-4

### Select Board & Assessors

Richard Bates, Chair	372-6904
Randy Elwell	372-0602
Steve Cartwright	372-6534
Wayne Sawyer	372-6489
Van Thompson	372-8000

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**ST GEORGE DENTAL CLINICS**

**Free or low-cost dental cleanings for St. George residents.**

**About Tooth Protectors**  
Tooth Protectors Inc. is an organization of dental hygienists that provides preventative dental care to Maine communities, schools, medical offices, churches, nursing homes, employment sites, summer camps, and more!

 <b>Teeth Cleaning</b> All Residents <b>APRIL 10TH</b>	 <b>Teeth Cleaning</b> All Residents <b>APRIL 24TH</b>	 <b>Flouride Treatment</b> St George School Students Only through St George School. <b>APRIL 25TH</b>
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To Schedule A Cleaning Please Contact Alane at 207-372-2193 or [alane@stgeorgecommunity.org](mailto:alane@stgeorgecommunity.org).  
To Schedule Flouride Treatment Please Contact Autumn at 207-372-6312

## Conservation Commission Trails and Preserves

### Fort Point Trail Rehabilitation Project

Since our last report the contractor completed the design drawings for the new bridge. The drawings were submitted and approved by the State. Some preliminary work may occur in the next month but the major work will begin in May (ground and weather conditions permitting). As the work proceeds, we will continue to post information on the Town Website and provide updates in the town newsletter.

### Jones Brook Trail

The trail remains closed at landowner request for logging operations for the safety of users. Trail conditions will be reassessed when the logging is completed. Thanks to all for your patience during this extended closure.

### Destructive Pest Event

A presentation by Rebecca Jacobs , Program Manager at Know-Lincoln Soil and Water Conservation District was held on January 31st in person and by Zoom. The presentation addressed two destructive insects making their way into our towns and down the St. George Peninsula.

The Browntail Moth (BTM) is best known for its caterpillar whose toxic hair cause painful itching much like poison ivy. BTM nests have been spotted in our region and they are spreading. The Hemlock Woolly Adelgid (HWA) is just beginning to show up in our area but is already present along the midcoast. The workshop addressed how to spot BTM nests and HWA masses in the winter and how best to deal with them.

The presentations and additional information is available on the [Education](#) and [Invasive Pest](#) sections of the Conservation Commission section of the Town Website.

### **Bids Received on 10 Cold Storage Road Project**

On February 1, 2023, bids were opened on improvements to be carried out at the town landing at 10 Cold Storage Road in Port Clyde. Proposals were received from two Maine construction companies: Reed & Reed Inc. of Woolwich and CPM Constructors Inc. of Freeport. The Town and its consultants are now tabulating the base bids, as well as pricing on several alternatives that we requested. From an initial review, it is evident that the bids fall within the project budget.

It is anticipated that the Harbor Committee will present a recommendation to the Select Board regarding a bid acceptance at their February 27<sup>th</sup> meeting.

**Town of St George  
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04860**